

were set by the W40 and the M40 classes. Brian Marshal won the race, only 35 seconds longer than he took to win last year. Brian is the first runner to win the race twice. Second was Colin Donnelly, third was David Riach and fourth was Chris Upson. Colin Donnelly was also first in the M40 class and his time knocked one and a half minutes off the class record.

The first woman home, in 24th place, was Veronique Oldham. Veronique has just progressed into the W40 class and her time set a new record for the class.

The race is held in conjunction with the Manor Water Sheepdog Trials, one of the major events of the year in the Manor Valley, and under the auspices of the Carnethy Hill Running Club. The race took place in mild conditions although there was an adverse wind on the way up to the main ridge, and the highest hilltops were obscured by cloud. Recent dry weather had allowed the low-lying fields to firm up and the springy, dry moss and peat on the ridge made for near perfect running conditions on the descent.

This year the 80 runners comprised 70 men, 7 women and 3 younger juniors.

The prize for determination if there was one, would easily go to Will Whittington of Edinburgh University. He took the bus from Edinburgh to Peebles, walked the 4 miles to Manor, began the race about two minutes after everyone else, and still managed to finish 27th! Will, you can have a free entry next year and please phone the organiser to arrange a lift from Peebles!

The next Manor Water Hill Race is scheduled for Saturday 11 October 2008. For information on the 2008 race contact Graham Pyatt tel (01721) 740319, for race history visit the Carnethy Hill Running Club website www.carnethy.com.

Graham Pyatt

1. B. Marshall	HELP	68.49
2. C. Donnelly O/40	Lochab	71.06
3. D. Riach O/40	W'lands	73.18
4. C. Upson O/40	W'lands	73.19
5. D. Dougal	Moorft	74.33
6. J. Britton	Moorft	75.36
7. W. Hynd O/40	Moorft	76.17
8. T. Hobbs O/40	Unatt	76.37
9. A. Smith O/40	Dee	76.49
10. R. Anderson	Teviot	77.57

VETERANS O/50

1. (25) J. Wheldon	Pud	88.32
2. (33) M. Hulme	Corsto	84.57
3. (37) D. Duncan	Ochil	86.06

VETERANS O/60

1. (47) K. Burns	Carn	88.52
2. (49) D. Milligan	Sol	90.05
3. (56) T. Bowie	Fife	93.21

LADIES

1. (24) V. Oldham O/40	Norham	83.30
2. (38) E. Homewood	W'lands	86.17
3. (58) R. Smith	Moorft	93.40
4. (61) J. Schreiber O/40	Bellah	96.24
5. (68) S. Maxwell	Penic	102.49

80 finishers

MENDIP MUDDLE

Somerset

CL/12.4m/1400ft 14.10.07

The Mendip Muddle is Weston AC's toughest race yet is arguably the most enjoyable. Enjoyable that is if you don't mind over 1400ft

of climb over the 12.4 mile course. Held in the glorious and spectacular setting of the Mendip Hills near Weston-super-Mare, the Muddle attracts a hardy bunch of runners who appreciate the dramatic views from the highest point of the race, at Beacon Batch. The weather was very kind to us this year and with another record entry of runners, the scene was set for another successful race.

Despite the good weather, the hills were still as steep and the ground still as muddy. First across the finish line was John Duncan (MV50), with Vojtech Hajdu (MV40) and Richard Phillips following closely behind. For the ladies, first home was Catherine Farrow, with Ann Singer and Teresa King making up the other major placings.

Thanks to the record entry and generous sponsorship of the race, we were able to donate £900 to the Wrington Vale branch of the RNLI. A big thank you to the Weston AC and RNLI marshals who gave up their time to make sure the runners got around safely and for also giving them generous encouragement along the route. A note for your diary, next year's Muddle will take place on 12 October 2008.

Bryan Morley

1. J. Duncan O/50	Brist	1.24.49
2. V. Hajdu O/40	Unatt	1.26.07
3. R. Phillips	Serp	1.26.14
4. S. O'Halloran	Unatt	1.27.14
5. Jaron Rowley	Cleved	1.27.43
6. Justin Rowley	Cleved	1.27.43
(10) P. Foley O/40	Unatt	1.30.18

VETERANS O/50

1. (1) J. Duncan	Brist	1.24.49
2. (18) L. Lock	Wells	1.33.08
3. (32) B. Bourne	Unatt	1.38.10

VETERANS O/60

1. (33) D. Rose	Bath	1.38.35
2. (80) M. Adams	Brist&W	1.49.55

LADIES

1. (27) C. Farrow	VStr	1.36.57
2. (30) A. Singer	Portish	1.37.58
3. (35) T. King	Weston	1.40.07
4. (45) L. Phippard	WstCnry	1.43.00
5. (56) C. Akin-Smith	Unatt	1.45.08
(59) G. Walters O/40	NewFor	1.45.46
(60) J. Mills O/50	Launces	1.45.47
(71) D. Hall O/40	Unatt	1.49.55
(110) J. Rendell O/50	AxeV	1.56.37

RON SKILTON MEMORIAL HALF MARATHON

Powys

CL/12m/1200ft 2010.07

This was the second Ron Skilton Memorial Half Marathon. Unfortunately numbers were not very high, probably because of the World Rugby final! It was also on a Saturday morning. We have now decided to run the event on a Sunday and next year's event will be on Sunday 19 October 2008.

Gordon Green

1. M. Garret	Unatt	1.19.19
2. D. Davies O/50	Unatt	1.22.16
3. C. Parker O/40	Unatt	1.24.31
4. K. Courtney O/40	Unatt	1.29.14
5. L. Gardner O/40	Swans	1.29.55
6. M. Warrick O/50	Unatt	1.31.23
7. K. Naughton O/50	Unatt	1.32.07
8. M. Brown O/40	Unatt	1.34.11

9. H. Protheroe	Unatt	1.36.43
10. D. Morgan	Unatt	1.36.43

VETERANS O/60

1 (14) R. Sherwood	Amman	1.45.16
2. (16) C. Heap	Unatt	1.49.46

LADIES

1. (15) M. Barlow O/50	Unatt	1.49.40
2. (17) A. Garratt O/40	Unatt	1.50.18
3. (21) K. Hovers O/40	Unatt	1.56.40
4. (23) R. Perry	Unatt	1.59.24
5. (24) V. Nicholas	Unatt	2.03.04
(27) S. Perry O/40	Unatt	2.14.49

34 finishers

THE SCREES FELL RACE

Cumbria

AS/5.3m/1600ft 20.10.07

A cool sunny day, perfect running conditions, and fast times expected. So it proved. Both men and women's winners beat the previous record times, but unfortunately they could not be entered into the record book because the marked course in the intake fields was not followed. Once the leader took the wrong direction (no excuse, the marker was clearly visible) the rest (except six disciplined but not leading runners) followed. The time difference for the two routes is not that much. When one of the six who went the correct way rejoined the pack, he noticed that a runner he was beside at the parting point was only 20 metres ahead of him. Routes through intake fields must be followed because they have been agreed with farmers to avoid stock. I could not very well disqualify 90% of the field, so the results stand. Awarding the winner's team a £100 prize was welcomed by CFR but failed in its purpose of attracting more teams of four. We will keep the award for next year in the hope of the idea catching on, but the local club will be hard to beat.

Danny Hughes

1. R. Lightfoot	Ellenb	40.52
2. J. Deegan O/40	Amble	44.21
3. M. Amor	CFR	44.51
4. C. Smale O/40	Tod	45.09
5. B. Elsworth	Wharf	45.30
6. L. Amor U/18	CFR	45.39
7. M. Robinson	DkPk	46.50
8. S. Hebblethwaite	Kesw	46.52
9. G. Cunliffe U/18	Ross	47.35
10. C. Fray O/40	Chesh	47.42

VETERANS O/50

1. (17) R. James	CFR	50.25
2. (20) A. Miller	Kend	51.04
3. (29) D. Richardson	Helm	53.45

LADIES

1. (23) H. Robinson	Dallam	52.12
2. (28) H. Garrett	Unatt	53.12
3. (35) J. Casey	Barrow	56.10
4. (38) K. Brierley	Tod	57.30
5. (40) S. Hodkinson	BlckCmb	57.38

63 finishers

THE 16TH WITHINS SKYLINE RACE

BM/7m/1000ft 21.10.07

17 year old England international Tom Addison was so focused racing it out with the leading senior runners, he omitted to turn at the old Haworth boundary Stoop standing stone which officially is the under 18 turn round point. The

Mounsey of local club Calder Valley and in form Alex Whittom, of Todmorden, and I knew we were in for a real thriller! And so it was. Those three broke away early on along the fast section of bridleway alongside the eservoir and through the animal sanctuary to Castle Clough and after the turn-around point, the White House Inn on Blackstone Edge, it was all to play for on the sweeping descent to join the Pennine Bridleway back to the bridge at Castle Clough. Ben got his nose in front on the run in alongside the Chelburn reservoir and though Mike chased hard, there was eight seconds in it by the finish. Ben was delighted to win a pair of Running Bear Gladiator fell shoes, very generously donated by our sponsor, Tony Hulme. Mike could take some consolation in winning the vets' race! Alex came in looking quite fresh actually, 14 seconds further back, though I knew he'd given it everything. Chris Miller, who got his days mixed up and missed the West Yorkshire cross country the day before, ran a blinder to make up for it, overtaking Todmorden veteran, Chris Smale, on the way back from the White House to take fourth. Run of the day came from 17 year old Mark Shakeshift, placing sixth from 90 runners. What a prospect for the future. With Dave Collins in 17th place and second over 50 vet, Todmorden won the team prize fleece hats. Ken Taylor continues to kid me he's now an over 60, placing a superb 23rd overall.

Jo Waites had a comparatively untroubled run to win the women's section, placing 16th overall and taking her second victory here, and a pair of Running Bear Gladiator fell shoes. Lisa Lacon placed second just six places and a minute behind, with much improved Heather Corbishley in third. Holly Page was the first junior in fourth, while LV50, Karen Taylor, beat all the other vets in seventh place, one ahead of LV40 Thirza Hyde who, together with Rose Carnochan, supported Jo to win the team prize chocs! Joyce Catterick, who runs unattached was the first female over 60.

The Halloween fancy dress prize went to Colin "SWOOP" Davies of Altrincham, dressed in a kids 'full-body-cover' skeleton outfit from Tesco. It was so tight that it had to be shored up with a load of safety pins. I bet he was glad he'd chosen that after the sun came out!!

Thanks must go to our sponsors "Running Bear" for again adding prestige to this great little race that has so much history. Cheers Tony, but try to come and run in 2008!! Thanks to Frank and his staff at The Summit Inn, who again provided a cheery welcome with hot food and good ales. Thanks to my mum and dad on refreshments, Bill Smith and Mick Fryer on results and, of course, Colin and Brenda Robinson who again did number recording. Special thanks to Dave Beston, Jim Smith and Clive Greatorx marshaled then de-flagged the course saving me two hours. But most of all to my biggest helper on the day, Katherine Smale, who bought prizes, took care of registration, sold food tickets and helped with the prize presentation, all this while dressed as the wicked witch of the West!

Thanks everyone and see you all next year for the 42nd race to the White House..

Allan Greenwood

1. B. Mounsey CaldV 28.05

Photo courtesy of Bill Smith

Pete Jebb (Bingley), Rob's father, leads Selwyn Wright (Ambleside) on the descent from Great Stickle at Dunnerdale.



2. M. Fanning O/40	Borr	28.13
3. A. Whittom	Tod	28.27
4. C. Miller	Hgte	28.58
5. C. Smale O/40	Tod	29.06
6. M. Shakeshift J/18	Bury	29.13
7. S. Gregory O/40	HolmeP	29.54
8. S. Dimelow	P'stone	39.20
9. P. Taylor O/40	Ross	30.27
10. M. Lee O/40	Ross	30.34

VETERANS O/50

1. (11) G. Schofield	Horw	30.55
2. (17) D. Collins	Tod	32.31
3. (25) D. Beels O/50	CaldV	33.44

VETERANS O/60

1. (23) K. Taylor	Ross	33.31
2. (58) P. Jepson	Ross	39.40
3. (59) T. Peacock	Clay	39.52

VETERANS O/70

1. (74) G. Arnold	Prest	43.15
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LADIES

1. (16) J. Waites	CaldV	32.21
2. (22) L. Lacon	Holmf	33.23
3. (36) H. Corbishley	Ross	35.49
4. (42) H. Page L/18	H'fax	37.25
5. (50) J. Howells	Wharf	38.25
(53) K. Taylor O/50	Ross	39.04
(54) T. Hyde O/40	CaldV	39.07
(57) M. Dempsey O/40	Wesh	39.36

90 finishers

DUNNERDALE FELL RACE

Cumbria

AS/5m/1800ft 03.11.07

The final club champs fell race in local SW Cumbrian runners Black Combe's 2007 series was their own organised Dunnerdale event from the picturesque hamlet of Broughton Mills.

A popular little classic the route takes in a lung busting uphill road section to the foot of the Knott which is then climbed before runners take in the checkpoints at Raven Crag, Stickle Pike and Great Stickle, prior to a fast, almost all downhill run, including another road bit, back to the finish in the field opposite the Blacksmith's Arms pub.

August-like weather conditions made this the warmest Dunnerdale race in its 25 year history and the 211 runners who toed the line for the midday start were rewarded with great views and some encouragingly quick times, however, neither the male or female course records were broken and there were just two retirees.

Leading from the start the clear winner of the race was Dark Peak's Lloyd Taggart in a splendid 37:21. Did he find a shortcut? His lead was over 4 minutes on the second bloke home, local lad Ben Abdelnoor, Ben's club mate, Jon Deegan, picked up the first MV40 prize.

The women's race had much less daylight